

July

2023

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

						1
2	3 Aqua Aerobics 11AM Bingo 1PM Zumba 6:30PM	4 Karate 4, 5, 6:30PM	5 Aqua Aerobics 11AM Cards 1PM Poker 5PM Zumba 6:30PM	6 Scrabble 10AM Line Dancing 12PM Karate 4, 5, 6:30PM	7 Aqua Aerobics 11AM	8
9	10 Aqua Aerobics 11AM Bingo 1PM Zumba 6:30PM	11 Karate 4, 5, 6:30PM	12 Aqua Aerobics 11AM Cards 1PM Poker 5PM Zumba 6:30PM	13 Scrabble 10AM Line Dancing 12PM Karate 4, 5, 6:30PM	14 Aqua Aerobics 11AM	15
16	17 Aqua Aerobics 11AM Bingo 1PM Zumba 6:30PM	18 Karate 4, 5, 6:30PM	19 Aqua Aerobics 11AM Cards 1PM Poker 5PM Zumba 6:30PM	20 Scrabble 10AM Line Dancing 12PM Karate 4, 5, 6:30PM	21 Aqua Aerobics 11AM	22
23	24 Aqua Aerobics 11AM Bingo 1PM Zumba 6:30PM	25 Karate 4, 5, 6:30PM	26 Aqua Aerobics 11AM Cards 1PM Poker 5PM Zumba 6:30PM	27 Scrabble 10AM Line Dancing 12PM Karate 4, 5, 6:30PM	28 Aqua Aerobics 11AM	29
30	31 Aqua Aerobics 11AM Bingo 1PM Zumba 6:30PM					